Living and dying in pain

It doesn’t have to happen

75% of the world population (5.5 billion) does not have adequate access to controlled medications for pain relief.

Millions of people suffer from pain which is avoidable and could be managed with proper access to the correct medications. Each year about 18 million people die in pain.

National laws, gaps in healthcare workers’ education and economic barriers prevent people from getting pain relief.

Organise an event
Organise an event to celebrate World Hospice and Palliative Care Day and to raise awareness of the need for pain medication worldwide.

Register on the website

Donate to WHPCA
Donate to World Hospice and Palliative Care Day to spread the word and make a change. http://bit.ly/1XNtEqF

Tell a friend
Talk to someone you know about this issue. Visit the World Hospice and Palliative Care Day website for all the facts. Remember to share this campaign on social media. #WHPCDay16

08 OCT 2016

DONATE NOW Just Giving Campaign: http://bit.ly/1XNtEqF

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How can you help?

Contact your Ministry of Health
This will encourage your government to reform their policies to allow access to medications for those in pain (you can download a model letter from the World Hospice and Palliative Care Day website).

Have friends in high places?
Share this campaign with someone who has the power to influence regulations or legislation.

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It doesn’t have to happen

Pain management is the right of the person with pain.

Unduly restrictive national laws and regulations limit access to pain relief and palliative care for people in need.

Oral morphine and other World Health Organization essential palliative care medications should be legally available and accessible in all countries.

World Hospice & Palliative Care Day

Contact your Ministry of Health

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World hospice & palliative care day

www.thewhpca.org
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Doctors and nurses are often not educated about pain management and prescribing morphine or are taught that morphine and other opioids are dangerous and should be used as little as possible even for those with life limiting illness and at the end of life.

Unreasonable fear of opioid use (opiophobia) leads to increased suffering worldwide.

Educate yourself
Educate yourself on morphine myths and facts. Visit the Worldwide Hospice Palliative Care Alliance website to find out more.

Have friends in high places?
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How can you help?

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Sign the manifesto

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